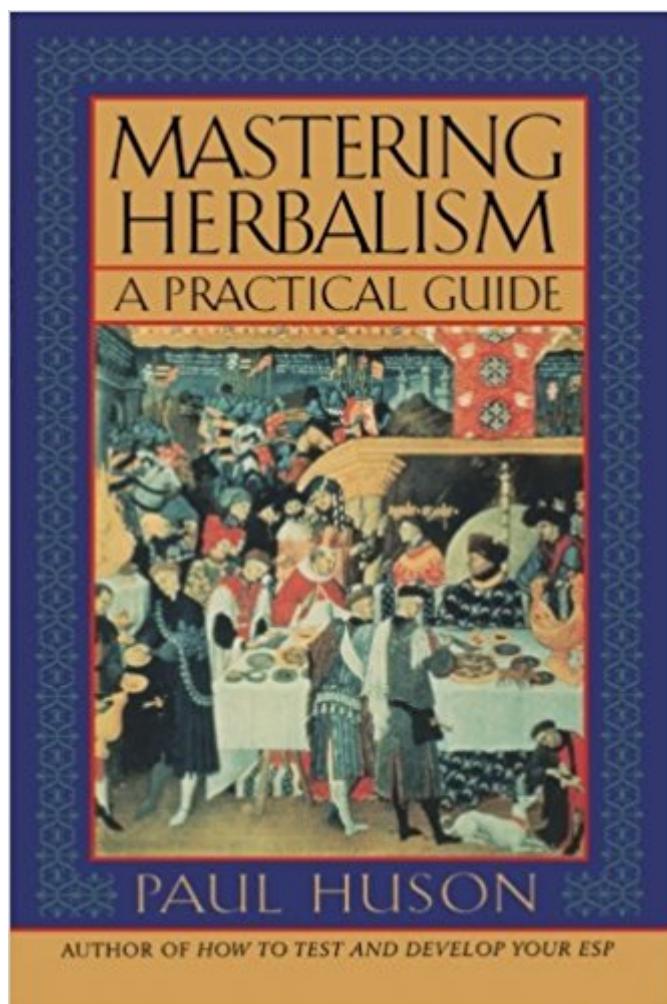


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# Mastering Herbalism: A Practical Guide



## **Synopsis**

Mastering Herbalism shows how to make jams, sauces, soups, meat, desserts, beer, wine, teas, perfumes, incenses, beauty products, cures, aphrodisiacs, and potions with a variety of herbs and spices.

## **Book Information**

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Average Customer Review: 4.5 out of 5 stars 15 customer reviews

Best Sellers Rank: #751,210 in Books (See Top 100 in Books) #338 in Books > Crafts, Hobbies & Home > Gardening & Landscape Design > Herbs #1134 in Books > Health, Fitness & Dieting > Alternative Medicine > Herbal Remedies #1529 in Books > Religion & Spirituality > Occult & Paranormal > Magic Studies

## **Customer Reviews**

Well written and perfect for beginners such as myself it even has recipes and directions. It gives you a list of where you can buy the herbs and how to use them. I love this book.

A lot is this is the history of herbalism. I wanted something a little more on the medical side.

This book is presented in an easy to follow way. The information in the pages of this book is more valuable than words can describe. I love this book!

Excellent resource for someone just starting to get into herbalism who wants a basic guide, but also want something that goes in depth when it can.

good book

I have enjoyed Paul Huson books for years. I always find him informative, descriptive and giving

useful, practical info. This book is a MUST for anyone interested in herbs, their history, usage and general knowledge.

i was expecting a little more from this book.. it is kinda old style. It doesn't have too many helpful doable recipes neither. And the info is very limited

This is an excellent book on herbalism. Yet, there are two small problems with the book. It's a bit dated and not much about witchcraft herbals. It's more of a Renaissance book of herbs. I enjoyed reading the many recipes and favorite spices. Written in 1974, and still a classic. The last couple of chapters deal with 'Herb Magick' and 'Wortcunning'. A lot of popular history to enjoy. Some interesting ideas on developing your own herbal maze. No incantations or ritual ideas with herbs presented however. It's still worth a look at. Some lesser known herb facts explored, therefore may foster one's herbal interest. (-The author, Paul Huson, mentions a recipe he learned from Oscar-winning supporting actress, Nina Foch. Later she co-starred with Bela Lugosi, under the direction of Ed Wood. The recipe was 'Pesto Genovese', and as delicious as her beauty. She passed away December 9th, 2008.)

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